

Tattenhall Park Primary School

PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 Year A	What makes a good friend?	What helps us stay healthy?	What can we do with money?	Who is special to us?	What helps us to stay safe?	How do we recognise our feelings?
KS1 Year B	What is friendship?	What is the same and different about us?	What jobs do people do?	Who helps to keep us safe?	What can help us grow and stay healthy?	How can we look after each other and the world?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

KS1 PSHE Curriculum

(Phase 2- Year 1 and 2)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	What makes a good friend? Friendship, feeling lonely, managing arguments Behaviour	What helps us stay healthy? Being healthy, hygiene, medicines, people who help us with health	What can we do with money? Money, making choices, needs and wants	Who is special to us? Ourselves and others, people who care for us, groups we belong to, families	What helps us to stay safe? Keeping safe, recognising risk, rules	How do we recognise our feelings? Feelings, mood, times of change, loss and bereavement, growing up
Year B	What is friendship? Behaviour, friendships, bullying, words and actions, respect for others	What is the same and different about us? Ourselves and others, similarities and differences, individuality, our bodies	What jobs do people do? People and jobs, money, role of the internet	Who helps to keep us safe? Keeping safe, people who help us, recognising risk	What can help us grow and stay healthy? Being healthy: eating, drinking, playing and sleeping	How can we look after each other and the world? Ourselves and others, the world around us, caring for others, growing and changing

LKS2 PSHE Curriculum
(Phase 3- Year 3 and 4)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	How can we be a good friend? Friendships, making positive friendships, managing loneliness, dealing with arguments	What keeps us safe? Keeping safe at home and school, our bodies, hygiene, medicines and household products	What are families like? Families, family life, caring for each other	What makes a community? Community, belonging to groups, similarities and differences, respect for others	Why should we eat well and look after our teeth? Being healthy, eating well, dental care	Why should we keep active and sleep well? Being healthy, keeping active, taking rest
Year 4	What strengths, skills and interests do we have? Self-esteem, self-worth, personal qualities, goal setting, managing setbacks	How do we treat each other with respect? Respect for self and others, courteous behaviour, safety, human rights	How can we manage our feelings? Feelings and emotions, expression of feelings, behaviour	How will we grow and change? Growing and changing, puberty	How can our choices make a difference to others and the environment? Caring for others, the environment, people and animals, shared responsibilities, making choices and decisions	How can we manage risk in different places? Keeping safe, out and about, recognising and managing risk

UKS2 PSHE Curriculum

(Phase 4- Year 5 and 6)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	What makes up a person's identity? Identity, personal attributes and qualities, similarities and differences, individuality, stereotypes	What decisions can people make with money? Money, making decisions, spending and saving	How can we help in an accident or emergency? Basic first aid, accidents, dealing with emergencies	How can friends communicate safely? Friendships, relationships, becoming independent, online safety	How can drugs common to everyday life affect health? Drugs, alcohol and tobacco, healthy habits	What jobs would we like? Careers, aspirations, role models, the future
Year 6	How can we keep healthy as we grow? Looking after ourselves, growing up, becoming independent, taking more responsibility		How can the media influence people? Media literacy and digital resilience, influences and decision-making, online safety		What will change as we become more independent? How do friendships change as we grow? Different relationships, changing and growing, adulthood, independence, moving to secondary school	